

SMOOTHIES



GREEN ENERGY 12

Spinach, Kale, Banana, Almond Milk, Dates, Cashew Butter, Green Spirulina, Plant-Based Protein



GREEN DEFENSE 12

Spinach, Cucumber, Pineapple, Banana, Mint, Lemon, Ginger, Coconut Water



GREEN FOCUS 12

Kale, Apple, Mango, Avocado, Coconut Water, Lion's Mane Mushroom Powder



MINT MATCHA CHIP 12

Spinach, Banana, Almond Milk, Cashew Butter, Matcha, Mint Extract, Cacao Nibs



PINEAPPLE MANGO 12

Pineapple, Mango, Banana, Coconut Water



STRAWBERRY BANANA 12

Strawberry, Banana, Almond Milk, Almond Butter, Ceylon Cinnamon



PITAYA GOJI 12

Pitaya, Strawberry, Mango, Coconut Water, Cashew Butter, Goji Berries



BLUEBERRY OMEGA 13

Blueberry, Avocado, Coconut Water, Almond Butter, Plant-Based Protein, Ground Flax, Chia Seed, Ceylon Cinnamon



BERRY POWER PROTEIN 12

Blueberry, Strawberry, Banana, Almond Milk, Vanilla Greek Yogurt, Plant-Based Protein



CHOCOLATE BANANA 12

Banana, Almond Milk, Almond Butter, Dates, Cacao Powder, Vanilla, Ceylon Cinnamon



COFFEE DATE 13

Banana, Cold Brew, Almond Milk, Dates, Almond Butter, Plant-Based Protein

BOWLS



ACAI 12

Acai, Banana, Strawberry, Almond Milk, Dates, Almond Butter. Topped with Granola, Strawberries, Coconut



PITAYA 12

Pitaya, Strawberry, Mango, Coconut Water, Cashew Butter. Topped with Granola, Blueberries, Coconut, Goji Berries



SUPER GREEN 12

Kale, Banana, Mango, Coconut Water, Cashew Butter, Spirulina. Topped with Granola, Blueberries, Coconut



PINEAPPLE MANGO 12

Pineapple, Mango, Banana, Coconut Water. Topped with Granola, Banana, Coconut

BITES



AVOCADO TOAST 14

Sourdough, Avocado Smash, Balsamic Marinated Tomatoes, Radish, Microgreens, Red Pepper Flakes



HUMMUS & VEGGIE TOAST 14

Sourdough, Hummus, Cucumber, Roasted Red Pepper, Pickled Red Onion, Kalamata Olives, Olive Oil Drizzle, Feta



SWEET POTATO WAFFLE 14

Sweet Potato Waffle, Lemon Curd, Strawberries, Blueberries, Plant-Based Whip, Matcha Powder, Fresh Nutmeg



BANANA WAFFLE 14

Sweet Potato Waffle, Almond Butter Drizzle, Banana, Cinnamon Raisin Granola, Plant-Based Whip, Coconut, Honey Drizzle

ADD-ONS

ALMOND OR CASHEW BUTTER 1

PLANT-BASED PROTEIN 1

KALE OR SPINACH 1

GREEN OR BLUE SPIRULINA 1

MATCHA OR LION'S MANE POWDER 1

GOJI BERRIES, DATES, OR CACAO NIBS 1

GROUND FLAX OR CHIA SEEDS .50

EXTRA GRANOLA 1

ALMOND BUTTER DRIZZLE 1

HONEY DRIZZLE 1

